



September 2020

West Orange High school School Counseling News



**VIRTUAL
BACK TO
SCHOOL NIGHT**

**Oct. 6th @ 7 pm
MORE INFO TO
FOLLOW**

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WEST ORANGE HIGH SCHOOL SCHOOL COUNSELING DEPARTMENT GUIDE

Cheryl Butler

**Director of Student Personnel Services / Counseling
Ext. 31611**

Our school counselors handle issues such as but not limited to:

- Sign up with Naviance
- Obtain access to the parent portal
- Scheduling
- Post secondary planning
- Individual counseling and advisement
e.g., Resolve conflicts, specific student concerns (grades, peer pressure, academic support etc.)
- Student appraisal—coordinating information that goes into confidential student files and interpreting the information to help qualify students for special programs
- Coordinate meeting with parent, teacher and student to address issues/concerns in class
- Referral—provide referrals to appropriate professionals in the schools and in the outside community

51 Conforti Avenue

Main Number: (973) 669-5301
 Attendance: ext. 31999
 Nurse: ext. 31524
 Guidance: ext. 31600
 Special Education: ext.31653
 Athletics: ext.31567

SCHOOL COUNSELORS

Aldo Casale	ext. 31606
Anna D’Elia	ext. 31615
Margaret Fahey	ext. 31610
Madelin Fernandez-Perez	ext. 31603
Kathryn Furey	ext. 31609
Mary Kehoe	ext. 31602
Guerlyn Millington	ext. 31613
Louis Pallante	ext. 31607
Rachel Rosen	ext. 31601
Rossanna Santos	ext. 31612

SAC

(Student Assistance Counselor)

Amedeo Chirichiello	WOHS ext. 31552
Jaelyn Headlam	WOHS ext. 31557

Administrative Assistants

Montrisa Bradford	ext. 31605
Michele Carroll	ext. 31608
Angela Gonzalez	ext. 31604



Parent Message



Welcome to the 2020-2021 School year.

Another school year means new opportunities.

As we begin the school year, the Counseling Department at West Orange High School would like to welcome back all our students and parents.

We would like to extend a warm welcome to all of our incoming freshmen, transfer students and parents.

Things are starting out a little different this year, but our mission and commitment remains the same.

Our mission is to help students on their journey through high school in regards to academics, career planning, and personal and social counseling.

Have a great school year!

CONNECTING WITH THE SCHOOL COUNSELORS

AND

STUDENT ASSISTANCE COUNSELORS

DURING VIRTUAL LEARNING

During the closure of schools, the West Orange Public Schools/School Counseling Department will be operating virtually. [School Counselors and Student Assistance Counselors](#) (SACs) are available through email and voicemail. Over the next two weeks the school counselors will be providing a schedule of virtual meetings where students will sign up and/or participate. These meetings will be conducted individually or in small groups. The schedule will be provided through Naviance and Google Classroom.

School counselors and Student Assistance Counselors (SACs) will be checking and responding to their voicemails and emails from home daily. Email is the best avenue to reach the school counselor. To schedule an appointment, students and parents may email the assigned [School Counselor or SAC](#) directly to determine a mutually agreed upon date, time and platform (ZOOM; Google Meets; Phone conference; in person).

The hours that the School Counselors and Student Assistance Counselors are available:

- West Orange High School Monday - Friday from 7:20 AM - 2:45 PM
- Liberty and Roosevelt - Monday - Friday from 8 AM - 2:53 PM
- Edison - Monday - Friday from 8 AM - 2:53 PM
- Elementary Schools - Monday - Friday from 8:45 AM - 3:23 PM

If you or someone you know is in crisis or experiencing a life-threatening emergency, dial 911. An emergency is considered to be any serious and sudden medical, emotional, or behavioral health situation that, if not given immediate professional attention, could lead to you being severely harmed or possibly harming someone else.

If not life threatening contact the Student Assistance Counselors.

- Heidi Brotzman (hbrotzman@westorangeschools.org)
Liberty and Roosevelt
- Amedeo Chirichiello (achirichiello@westorangeschools.org)
WOHS
- Jaclyn Headlam (jheadlam@westorangeschools.org)
WOHS



The Student Assistance Counselor Programs are designed to help students and their families with problems affecting their personal lives and academic performance. The Student Assistance Counselor's (SAC) role is to enhance and support students' success in the school environment. There are a range of school-based prevention and intervention services offered to assist students with personal problems and encourage them to build upon their strengths. At the high school level, the SACs work closely with school counselors and deans to get to know each child and to help them make informed decisions.

The role of the high school SACs can be separated into several parts:

- 1-Assisting families and students with alcohol and drug issues by connecting students and families to community resources;
- 2- Providing support for families, staff and administration for students who may have academic issues relating to social-emotional/mental health issues such as peer pressure, relationship difficulties, family problems, self-esteem and depression, among others;
- 3- Assisting students with the adjustment to high school and getting to the next step of college or career
- 4- Serving as members of the high school student support teams (such as crisis, 504, I&RS, and emergency management teams), assisting with staff development and Anti-Bullying Specialist.
- 5- Providing programs on various topics that assist in the emotional development of the students

In short, Student Assistance Counselors provide a support system for students and families to use when circumstances threaten school performance. Students may see the SAC for assistance with any personal issue. Many parents contact the SAC to discuss a potential problem or ask for help connecting to community resources.

CONFIDENTIALITY: Privacy of information shared by students and parents will be protected unless it involves student safety

At the high school we have two SACs. (Room 1164) They are assigned a caseload of students by last name.

Last names A – K : Amedeo Chirichiello (achirichiello@westorangeschools.org) ext. 31552

Last names L – Z ; Jaclyn Headlam (jheadlam@westorangeschools.org) ext.31557

Mr. Chirichiello is a graduate of Seton Hall University with a Master of Arts in Clinical Psychology. He has been employed as a Mental Health and Drug and Alcohol Counselor in a hospital setting and maintains a private practice which specializes in adolescent mental health and substance abuse counseling. Mr. Chirichiello is a Licensed Professional Counselor, a certified Student Assistance Counselor, a Nationally Certified Addiction Prevention Specialist as well as a Certified Forensic Addiction Specialist. He has over 20 years experience working with adolescents as well as adults that have various emotional and substance abuse problems.

Ms. Jaclyn Headlam is a graduate of Kean University who holds a Masters in Counseling. She is a National Certified Counselor and certified by the state of New Jersey as a School Counselor and a Student Assistance Counselor. Ms. Headlam comes from a multi-faceted background with over ten years of social service experience with adolescents and families. Her experience includes working within nonprofit management, school-related program development, crisis intervention, homeless prevention, community outreach, behavioral interventions and conducting group and individual sessions.

Suicide Prevention Awareness Month- World Suicide Prevention Day- September 10, 2020.

September brings transition whether it be the change from the warm days of summer to fall or back to school, or a new transition. Sometimes these transitions can bring new challenges. We can learn what initial steps to take to get someone help when they are in trouble. Know your local resources and know the National Suicide Prevention Lifeline number [1-800-273-8255 (TALK)] and be willing to call to get help for ourselves or call for a friend who can't help themselves.

Mental Health Awareness Week



Green Ribbon Week Mental Health Awareness-

September 21-25, 2020

West Orange High School recognizes the importance of maintaining body health as well as emotional health and how it can be neglected during the busy time of beginning a new school year!

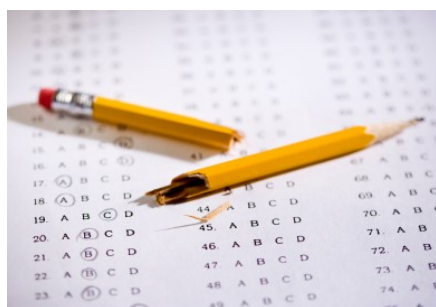
Daily Roll- out of # Green Ribbon Week will be made beginning September 18 of activities/suggestions

SAT Testing Dates

SAT EXAMINATION TEST DATES 2020-2021

Test Date	Registration Deadline	Late Registration Deadline (Late Fee)
9/26/2020		CANCELLED
10/3/2020	9/4/2020	9/22/2020
11/7/2020	10/7/2020	10/20/2020
12/5/2020	11/5/2020	11/17/2020
3/13/2021	2/12/2021	2/23/2021
5/8/2021	4/8/2021	4/20/2021
6/5/2021	5/6/2021	5/18/2021

TESTING DATES IN RED ARE HELD @ WOHS



Scholarships

THE ELKS NATIONAL FOUNDATION 2021 MOST VALUABLE STUDENT SCHOLARSHIP

The Elks National Foundation will be awarding 500 four-year scholarships, ranging from \$1,000 per year to \$15,000 per year, for graduating high school seniors based on financial need, leadership and scholarship.

Completed applications must be filed with the Elks Lodge in closest proximity of your home by 4 PM on or before **November 15, 2020**. A downloadable electronic version is available at www.elks.org/enf/scholars

Heisman High School Scholarship

Eligibility begins with maintaining a weighted GPA of 3.0 (B average) or better. Applicants also need to be proven leaders and role models within their school and community. Applicants must participate or have participated in grade 9, 10, or 11 in at least one of the 47 sponsored sports recognized by the International Olympic Committee in the Summer and Winter Olympic Games or the National Federation of State High School Associations. **Deadline is October 20th**. Apply on the website heismanscholarship.com

The Prudential Spirit of Community Awards was created by the National Association of Secondary School Principals & Prudential Financial in 1995. The purpose of these awards is to call attention to the importance of youth volunteerism in their school and community. Seniors who would like to be considered, please bring in to Guidance or send your Activity Resume to Mrs.Gonzalez....agonzalez@westorangeschools.org reflecting the number of hours you performed in each activity by Nov. 10, 2020. Student online applications can be found at <http://spirit.prudential.com>, and must be completed and submitted to the Guidance, by **Nov. 10, 2020.**
